**Drugs and Addiction**

Spring 2015 Valencia College

SOP2332 CRN#24568 T/R 11:30-12:45 Room 1-373

Professor: Dr. Judi Addelston

Office: 1-353 Office Hours: T/R 10:00-11:30; 1-2

Phone:(407) 582-2286 F 8-12 on line

E-Mail: jaddelston@valenciacollege.edu

Text: Fields, R. (2013). Drugs in perspective. (8th Ed.). Boston: McGraw Hill.

Credit: This class is 3 credits. Prerequisite: PSY1012

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| **DATE** | **CHAPTER** | **TOPIC** |
| Jan. 13/T | 1 | Putting Drugs in Perspective |
| 15/R | 1 | Putting Drugs in Perspective |
| 20/T | 2 | Why Do People Abuse Drugs? |
| 22/R | 2 | Why Do People Abuse Drugs? |
| **27/T** |  | **EXAM 1 Chapters 1, 2** |
| 29/R | 3 | Drug Specific Information |
| Feb 3/T | 3 | Drug Specific Information |
| 5/R | 4 | Assessment of Substance Abuse, Dependence, and Addiction |
| 10/T | 4 | Assessment of Substance Abuse, Dependence, and Addiction |
| **12/R** |  | **EXAM 2 Chapters 3, 4** |
| 17/T | 5 | Substance Abuse and Family Systems |
| 19/R | 5 | Substance Abuse and Family Systems |
| 24/T | 6 | Parents and Family |
| 26/R | 6 | Parents and Family |
| Mar 3/T | 7 | Growing Up in an Alcoholic Family System |
| 5/R | 7 | Growing Up in an Alcoholic Family System |
| *10-12* |  | *Spring Break* |
| **17/T** |  | **EXAM 3 Chapters 5, 6, 7** |
| 19/R | 8 | Motivation and Change |
| 24/T | 8 | Motivation and Change |
| 26R | 9 | Intervention |
| 31/T | 10 | Prevention of Substance Abuse Problems |
| Apr 2/R | 10 | Prevention of Substance Abuse Problems |
| **7/T** |  | **EXAM 4 Chapters 8, 9, 10** |
| 9/R | 11 | Disorders Co-Occurring with Substance Abuse |
| 14/T | 11 | Disorders Co-Occurring with Substance Abuse |
| 16/R | 12 | Alcohol/Drug Recovery and Relapse Prevention |
| 21/T | 12 | Alcohol/Drug Recovery and Relapse Prevention |
| **23/R** |  | **Exam 5 Chapters 11, 12** |
| **30/R** |  | **FINAL EXAM 10:00 am -12:30 pm** |

**Course Description.** This course examines the psychological, social, and biological issues involved with substance abuse. Addiction affects not only the drug user, but their family and friends as well. We explore problems associated with abusing substances, and their impact on both the individual and society.

**Participation/Attendance:** Regular and consistent attendance is necessary to do well in this class. Much of what you will learn will come from experiences we have in class and will require your participation. Attendance will be taken during each class period and arriving late or leaving prior to the end of the class may result in your having an absence recorded for that class period. You are allowed 2 absences without penalty after which each absence will result in a 5 point per absence deduction from your final point total at the end of the semester. You will receive 5 bonus points for perfect attendance. Perfect attendance is not missing any class session for any reason. Much of the learning in this class will come from in-class activities such as personal assessments, small group activities, videos, class lecture, etc. A student who misses a significant number of classes can have a negative impact on others’ learning experiences, particularly in the small groups, and will not have the same learning experience as students who attend regularly, thus I have the following policy related to excessive absences: *Any student having 5 or more absences will receive an "F" grade regardless of their performance on exams.*

**Respectful Classroom Behaviors.** Class will almost always run the full time period so plan to be here on time and stay throughout the entire scheduled class period. If this is going to be a problem for you, I strongly urge you to find a class that better suits your schedule. I also expect everyone to behave in a courteous manner in the classroom (e.g., not talking while others are talking, turning off cell phones, using laptops ONLY for note-taking). These are basic courtesies that contribute to an effective learning environment. If you do not follow these rules, I may ask you to leave the class, turn off your laptop, etc.

The following behaviors can have a detrimental effect upon my ability to teach and your ability to learn. I want you to know what these behaviors are so you will avoid engaging in them. If you decide to engage in these behaviors, it will be my responsibility to ask you to stop doing them, or leave the class.

• Allowing your cell phone to ring in class or, worse yet, answering it and engaging in a telephone conversation during class. Make sure your cell phone is off before you enter the classroom.

**Texting is prohibited in class**.

• Talking to your fellow students during class about things that are not related to the official topic of discussion.

• Arriving at class late or leaving class early.

• Packing up your books before the class is over.

• Failing to comprehend and/or follow instructions due to a lack of attention.

• Making distracting noises or movements. (yawning loudly)

• Sitting in the back of the classroom when there are seats available in the front.

• Behaving as if you are bored by or uninterested in the class material (falling asleep).

• Coming to class unprepared (without completing the reading or assignment that is due).

• Exhibiting academically dishonest behaviors (cheating or plagiarizing). This is grounds for failing the course.

• Intentionally refusing to participate in classroom activities.

• Doing things in class other than what is expected (doing homework for another class).

• Asking questions that are off the topic or that have already been answered.

• Treating your fellow students or professor with disrespect (insults).

I reserve the right to ask any student who does not adhere to these guidelines to leave the classroom.

**Communication:** It is YOUR responsibility to check your Atlas account email on a daily basis. I will communicate to you through this account and it is thus your responsibility to make sure you are up to date and check your Atlas email for announcements related to the course.

**Disability (ADA) Statement:** Valencia College is committed to providing reasonable accommodations for all persons with disabilities.  This syllabus is available in alternate formats upon request.  Students with disabilities who need accommodations in this course must contact the instructor at the beginning of the semester to discuss needed accommodations.  No accommodations will be provided until the student has met with the instructor to request accommodations.  Students who need accommodations must be registered with the Office for Students with Disabilities, Building 5 Room 216, before requesting accommodations from the instructor.

**Exams:** There will be five multiple choice exams during the semester. Each exam will be made up of 50 multiple choice questions, and each question will be worth two points. You may take each exam by yourself, or in a group of two or three students. However, you may only turn in one answer sheet. There will be no make-up exams. The lowest score will be dropped. The final exam will be cumulative, and made up of 100 questions, each worth one point. You may not drop your final exam grade. You must take the final exam on your own. You must bring two sharp #2 pencils with erasers to each test.

**Homework:** The homework for this class is for you to write and turn in a chapter reflection the night before we begin each new chapter as a Discussion Post. I am interested in hearing what you think of the content of the chapter and your personal reaction to the material. Each chapter reflection is worth 20 points. Additionally – you must respond to two of your classmates in a meaningful and thoughtful post. Your two responses are worth 5 points each (10 points total).

You will also be asked to attend two meetings – either an AA or NA meeting, and an Al-Anon meeting. You will then write a 2 page reflection paper. Each paper is worth 20 points.

**Paper:** There will be a paper you will write based on your family history called a Genogram paper. Your paper is worth 50 points.

**Grades:** Discussion Posts=220 points. Replies=110 points. Meeting Paper=40 points. Genogram Paper=50 points. Exams=400 points. Final Exam=100 points.

A = 920-828 B = 827-736 C= 735- 644 D= 643-552 F= 551-0

Additionally, class participation, extra credit, and attendance are also part of your final grade.

**One final note –** if you are having difficulty, do not wait until the end of the semester to come talk to me. Do not come to me at the end of the semester and plead for me to give you a B when your grade is an F or to give you extra credit. Please talk to me as soon as possible if you are having personal difficulties or are having a problem with course material. Remember – spend more time involved in your learning process than you would in pleading for a higher grade!

**Baycare**: Valencia College is interested in making sure all our students have a rewarding and successful college experience.  To that purpose, Valencia students can get immediate help with issues dealing with stress, anxiety, depression, adjustment difficulties, substance abuse, time management as well as relationship problems dealing with school, home or work.  BayCare Behavioral Health Student Assistance Program (SAP) services are free to all Valencia students and available 24 hours a day by calling (800) 878-5470. Free face-to-face counseling is also available.

**Withdrawal: March 27, 2015** is the deadline for withdrawing from this course without penalty. You must notify the college if you withdraw.

*~ This syllabus is subject to change ~*

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**Extra Credit Guidelines - Application Papers**

**Objective**

* To relate the material from the text book and the class discussions to events outside the classroom.
* You should be able to directly connect the content of the course in your work. For example: The movie “28 Days” deals with substance abuse. How does the movie depict the information in your text book on substance abuse disorders?
* Works that do not directly connect the assignment to the course material will be considered failing and not accepted for extra credit.

**Format**

* All extra credit assignments must be two pages, typed, double spaced, in a regular font, and stapled.
* Please put your name on your work.
* Papers are due the day of the test after which they were assigned. You may not turn in all your papers at the end of the semester.

**Grades**

* Each extra credit paper is worth one extra point on your final grade.
* If you choose not to do extra credit work, it will not adversely affect your final grade. That is, points will not be deducted. These assignments can only increase your final grade.
* You may do up to ten extra credit assignments.